

Talking With Children About Sexuality and Families - Recommended Books

- Brooks, R. B., & Perl, S. (1983). So That's How I Was Born! Simon & Shuster. *Multiethnic and colorful illustrations, covers body differences, conception, pregnancy and birth. Ages 3 to 8 years.* (Out of print - available on the web).
- Brown, L., & Brown, M. (1997). What's the Big Secret? New York: Little, Brown and Company. *Large, cartoon-like illustrations, somewhat multi-ethnic, includes brief sentence describing intercourse, starts with differences between girls and boys bodies and ends with a sibling's birth and growth. Humorous. Ages 4 to 10 years*
- Calderone, M.S., & Ramey, J.W. (1984). Talking With Your Child About Sex. Random House. *Thorough preparation for parents in question and answer format, divided into different age groupings. Adults, ISBN 0-394-52124-2*
- Cole, J., and Miller, M. (1993). How You Were Born. New York: Morrow Junior Books. *Multi-ethnic photographs, skips over intercourse. Includes photos of developing fetus. Ages 3 to 8 years*
- Gordon, S., & Gordon, J. (1999). Raising a Child Responsibly in a Sexually Permissive World. Adams Media Corporation. *Includes excellent chapters on talking with adolescents, teens, and young adults, becoming askable parents, and STDs. Adults. ISBN 0-671-62797-X*
- Harris, R. H., Emberley, M. (1999). It's So Amazing! A Book About Eggs, Sperm, Birth, Babies, and Families. *Comprehensive book with colorful multiethnic illustrations, includes information about gay and lesbian relationships. Ages 6-10 years.*
- Hindman, J., & Novak, T. (1983). A Very Touching Book. Alexandria Associates (ISBN: 0961103418). *Discusses comfortable touch and "secret touch," colorful, humorous illustrations. Ages 3-10 years.*
- Mayle, P., & Robins, A. (2000). Where Did I Come From? Lyle Stuart Inc. *Thorough presentation of intercourse, conception and birth with large, colorful, humorous illustrations. Ages 3 to 12.*
- Mayle, P., Walter, P., & Robins, A. (1981). What's Happening to Me? Lyle Stuart Inc. *Thorough discussion of bodily changes involved in puberty with large, colorful, humorous illustrations. Ages 8 to 15 years.*
- Nilsson, L., & Swanberg, L. (1996). How Was I Born?. Dell Publishing. *Color photographs of fetal development and explanations from a sister's point of view. All ages.*
- Sheffield, M. & Bewley, S. (1977). Where Do Babies Come From? New York: Alfred A. Knopf. *Tasteful, frank illustrations accompany factual description of conception, pregnancy, and birth. Ages 2 to 8 years.*
- Family Diversity and Changes:**
- Cole, B. (2000). Hair in Funny Places: A Book About Puberty. New York: Hyperion Books for Children. *Humorous book, fun to read, somewhat incomplete. Ages 3 to 8 years.*
- Cole, J. & Chambliss, M. (1995). How I Was Adopted: Samantha's Story. New York: Morrow Junior Books. *Told from child's point of view with large multiethnic illustrations; mixed ethnicity adoption through an adoption agency. Ages 3 to 8 years*
- McCutcheon, J., & Paschkis, J. (1996). Happy Adoption Day. Boston, MA: Little, Brown and Company. *The lyrics to a John McCutcheon song with very colorful multicultural illustrations. Ages 3 to 8 years.*
- Johnson, J. (1997). How Do I Feel About My Stepfamily. Brookfield, Connecticut: Copper Beech Books. *Ages 3 to 12 years.*
- Kaplan, J. (1996). Mom and Me. New York: Scholastic Inc. *Several short stories. Mom and Jonathon about a single parent family. Ages 3 to 8 years.*
- Nemiroff, M., & Annunziata, J. (2004). All About Adoption: How Families Are Made & How Kids Feel About It. *Colorful, multiethnic illustrations. Ages 3 to 10 years.*
- Thomas, P., & Harker, L. (1999). My Family's Changing: A First Look at Family Break Up. Hauppauge, NY: Barron's Educational Series, Inc. *Multicultural illustrations. Ages 3 to 8 years.*