

PARENTING EDUCATION LOTTO

*CHILD  
DEVELOPMENT*

Each child has a unique personality or temperament	Encourages age-appropriate parental expectations
Children mature at different rates	Physical Cognitive Language Social/emotional
Age of onset of “typical” behaviors varies over a wide range	Child’s level of self-control increases with age
Child has need to establish own separate identity	<u>Child Development:</u>  WILD CARD! Ask group what this one should be...

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*AUTHORITATIVE  
PARENTING*

Warm and supportive care for children	Firm, age-appropriate behavioral expectations
Consideration for children’s feelings and ideas	Including children in family decision-making and planning
Firm rules and limits that change as children mature	Providing children with explanations for rules, expectations
Children encouraged to think and reason independently	<u>Authoritative Parenting:</u>  WILD CARD! Ask group what this one should be...

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*NURTURING CLOSE  
RELATIONSHIPS*

Imagine what life is like from the child's perspective	Listen without interrupting, judging, or advising
Provide a sense of security through daily family routines	Focus on the positive traits and achievements of family members
Resolve conflicts constructively, when everyone is calm	Plan regular together-time with each child
Control expressions of anger, and look for subtle causes	<u>Nurturing Close Relationships:</u>  WILD CARD! Ask group what this one should be...

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*BEHAVIOR  
MANAGEMENT*

Notice and reward desirable behaviors	Children learn by watching the behavior of others
Ignore minor misbehaviors to reduce their frequency	Avoid letting poor behaviors work for children
Tell children what TO do rather than what NOT TO do.	Logical consequences should be reasonable and related to the misbehavior
Intermittently giving in to poor behaviors strongly reinforces them	<u>Behavior Management:</u>  WILD CARD! Ask group what this one should be...

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***PARENTS AS FIRST  
TEACHERS***

<b>Read to babies and young children regularly</b>	<b>Sing, do fingerplays, &amp; listen to music with babies and children every day</b>
<b>Control television: limit amount &amp; content, monitor &amp; watch together</b>	<b>Talk to babies and children: describe what was, what is, what might be</b>
<b>Provide regular time &amp; place for homework, monitor &amp; assist when needed</b>	<b>Visit library regularly, involve child in checking out books during each visit</b>
<b>Facilitate children's friendships, out-of-home activities &amp; experiences</b>	<b><u>Parents as First Teachers:</u>  WILD CARD! Ask group what this one should be...</b>

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***PROBLEM SOLVING***

<b>Talk about the problem to decide what the main issue is</b>	<b>Sit down together to talk when everyone is calm</b>
<b>Help others to understand each person's point of view</b>	<b>Think creatively and write down a number of possible solutions</b>
<b>Ask "what can we do so that we can all be happy"?</b>	<b>Discuss each solution, eliminating those that are unacceptable</b>
<b>Decide on a solution, make a detailed plan, and decide when to re-evaluate it</b>	<b><u>Problem Solving:</u>  WILD CARD! Ask group what this one should be...</b>

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	<a href="http://parentingresearch.org">http://parentingresearch.org</a>

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*PROBLEM SOLVING*

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